

Feb 2004 SLAM Mile Meet Results

Women's 25-29 1000 yard Freestyle

Stephanie Hiebert	26	SLAM	14:26.55
Jessica Uecker	26	SLAM	15:05.34
Rita Morek	25	SLAM	15:35.71

Women's 35-39 1000 yard Freestyle

Michele Shinn	36	SLAM/Rockwood	11:37.53	5
Suzanne Harris	37	SLAM/Rec-Plex	13:15.34	3
Mary McNamee	37	SLAM/Alton	23:44.29	1

Women's 40-44 1000 yard Freestyle

Lori Payne	44	SLAM/Rockwood	11:58.52	5
Susan Richmond	42	SLAM/Parkway	13:13.81	3
Maryanne Barkley	43	SLAM	14:14.00	

Men's 40-44 1000 yard Freestyle

Steven Fuller	41	Unatt	28:20.35
Fred Shinn	44	SLAM/Rockwood	DQ

Men's 55-59 1000 yard Freestyle

Thomas North	55	SLAM	13:44.60	
George Rolby	55	SLAM/Parkway	14:35.55	3

Men's 60-64 1000 yard Freestyle

Michael McNamee	62	SLAM/Alton	23:43.85	5
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Men's 70-74 1000 yard Freestyle

William Cannon	73	SLAM/Rockwood	20:50.04	5
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Women's 19-24 1650 yard Freestyle

Sarah Haskins	22	SLAM/Parkway	18:34.59	5
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Women's 25-29 1650 yard Freestyle

Mary Blanford	29	SLAM/Parkway	19:23.16	5
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Women's 30-34 1650 yard Freestyle

Deborah Haisch	33	SLAM/Parkway	28:27.34	5
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Women's 40-44 1650 yard Freestyle

Dana Berkbuegler	41	SLAM/Parkway	26:23.39	5
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Women's 55-59 1650 yard Freestyle

Mary Pohlman	59	Illinois Masters	25:15.13	5
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Men's 25-29 1650 yard Freestyle

Joshua Saak	26	SLAM/CSP	23:22.00	5
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Men's 30-34 1650 yard Freestyle

Karl Gundersen	34	SLAM/Team St. Louis	19:44.04	5
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Men's 35-39 1650 yard Freestyle

Bruce Hopson	37	SLAM/Team St. Louis	18:45.82	5
John Lynch	39	SLAM/Rockwood	24:20.34	3

Men's 40-44 1650 yard Freestyle

Matthew Shirley	42	SLAM/CSP	21:57.56	5
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Men's 45-49 1650 yard Freestyle

Mark Gowler	47	SLAM/Mid-County Y	20:25.63	5
Mark Manders	45	SLAM/Parkway	23:58.95	3
John Gleason	47	SLAM/Parkway	33:05.05	1

Men's 50-54 1650 yard Freestyle

James Zirnigibl	50	SLAM/Parkway	23:02.12	5
Mike Sappington	51	SLAM/Missouri AC	29:37.97	3